



# Dr Sandi

Medical Aesthetics

Restore | Beauty | Health



## Treatment Menu

2024

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## Consultation Fee

**R800**

## Chemical Peels

<b>DR SANDI CHEMICAL PEELS</b>	<b>INDICATION</b>	<b>PRICE</b>
<b>BRIGHTENING PEEL</b>	This Peel will target pigmentation, including stubborn melasma and sunspots. It will also improve the overall skin tone and texture to smooth and brighten skin.	<b>R850</b>
<b>BRIGHTENING + RETINOL PEEL (LAYERED)</b>	With an added Retinol this Peel will penetrate deeper under the skin which might cause your skin to flake. This Peel will target pigmentation, including stubborn melasma and sunspots. It will also improve the overall skin tone and texture to smooth and brighten skin.	<b>R1250</b>
<b>ANTI - ACNE PEEL</b>	Removes dead skin at the epidermis & dermis levels. This Peel will also stabilise sebum production & subdue active acne but targeting the main cause of breakouts.	<b>R850</b>
<b>ANTI - ACNE + RETINOL PEEL (LAYERED)</b>	With an added Retinol this Peel will penetrate deeper under the skin which might cause your skin to flake. Removes dead skin at the epidermis & dermis levels. This Peel will also stabilise sebum production & subdue active acne but targeting the main cause of breakouts.	<b>R1250</b>



<b>AHA/BHA</b>	With fruit enzyme. This Peel is great for exfoliation, hydrating and antiaging , fine lines and wrinkles.	<b>R850</b>
<b>AHA/BHA + RETINOL (LAYERED)</b>	With an added Retinol this Peel will penetrate deeper under the skin which might cause your skin to flake .With fruit enzyme. This Peel is great for exfoliation, hydrating and antiaging	<b>R1250</b>
<b>AHA/BHA/PHA</b>	The combinations on this Peel work together to exfoliate the skin and help to improve the appearance of fine lines, wrinkles and uneven skin tone	<b>R875</b>
<b>AHA/BHA/PHA + RETINOL (LAYERED)</b>	With an added Retinol this Peel will penetrate deeper under the skin which might cause your skin to flake. The combinations on this Peel work together to exfoliate the skin and help to improve the appearance of fine lines, wrinkles and uneven skin tone	<b>R1250</b>
<b>PERIOCLAR PEEL</b>	Designed for patients who wants firmer, brighter, and more evenly tone skin around the eyes	<b>R850</b>
<b>LACTIC ACID PEEL</b>	This Peel is suitable for dry dehydrated skin, eczema, psoriasis and safe during pregnancy	<b>R850</b>
<b>GLYCOLIC ACID PEEL</b>	This skin will help to exfoliate your skin, hydrating and antiaging	<b>R850</b>
<b>MANDELIC ACID PEEL</b>	Can treat acne, post acne scarring, hyperpigmentation, fine lines and wrinkles	<b>R850</b>
<b>SALICYLIC + LACTIC PEEL</b>	Targets both acne and inflammation. Suitable for acne prone, inflamed, dry and dehydrated	<b>R850</b>
<b>MODIFIES JESSNER</b>	Great for cell turnover, pigmentation , acne, acne scarring, hard scaly skin	<b>R850</b>
<b>SUPER GLOW CHEMICAL PEEL</b>	Elaine Brennan Skin Peeling technique is the most effective way to obtain a healthy, glowing, beautiful, young-looking and blemish-free skin. Also suitable to treat the following conditions: Wrinkled and Aging skin, Oily & acne troubled skin, Freckles & Pigmentation Melasma. This Peel has a downtime of about 10 days. We will issue you with a sick note as the healing phase of this peel is quite intense and the results are worth it.	<b>INTRODUCTORY PRICE R7500</b>



BIOMEDICAL PEELS	INDICATION	PRICE
COMPLEXION PEEL	Skin Brightening, Hydration, Collagen Contraction, Oil-control.	R850
SEBORRHEIC PEEL	Acne Treatment.	R850
GLYCOLIC PEEL	Scarring, Ageing(fine lines wrinkles), Dead skin cell removal, Uneven skin texture/tone, Collagen contraction, Pigmentation, New cell division.	R850
KOJIC PEEL	Dark Spots correction for the Body.	R850 PER AREA OF THE BODY

## DR SCHRAMMEK GREEN PEEL

	INDICATION	PRICE
GREEN PEEL® FRESH UP	The quick beautifier, For a fresh appearance and slower ageing process, Immediately visible brighter and fresher skin.	R1045
GREEN PEEL® ENERGY	For a visibly more vital complexion, Vitality and regeneration, Effective and sustainable.	R1345
GREEN PEEL® CLASSIC	Body treatment Only.	R1700 PER AREA

## NEOSTRATA

BRIGHTENING GLYCOLIC PEEL	Pigmentation treatment.	R850
CLARITY GLYCOLIC PEEL	Acne treatment.	R850

## TASOSOL

ADVANCED GLYCOLIC PEEL	Anti-ageing / Pigmentation.	R1150
SAMA PEEL	Oily and Acne skin.	R1150
AZELAIC PEEL	Oily and Acne skin.	R1150
YELLOW PEEL	Depigmentation.	R1150

## ESSEL

AESTHET XPERT PEEL WITH NEEDLESS -MESOTHERAPY	Is an advanced peel based on a unique blend of salicylic, glycolic, lactic and azelaic acids resulting in smoother, firmer and fresher looking skin. This treatment can be successfully used for acne treatment, photo-damage, pigmentation and scarring.	R1250
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## Skin Tag/Mole Removal

**SKIN TAG REMOVAL**

### INDICATION

We make use of Plasma for the removal of skin tags; warts and moles.

### PRICE

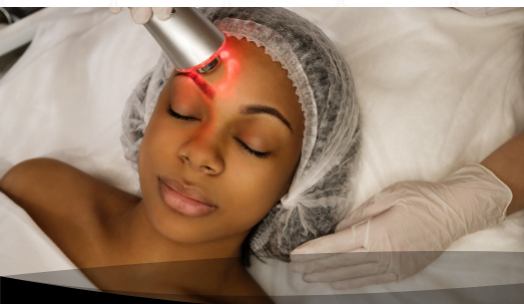
**FROM R1250**

## Pelvic Floor Chair

**PELVIC FLOOR CHAIR**

- Strengthen pubococcygeal muscle (PC muscle)
- Increase the blood flow and nerve function of the basin
- Increase the thickness and lubrication of postmenopausal vaginal wall
- Promote postpartum recovery
- Restore vaginal muscle tension and improve vaginal health
- Increased sensitivity and functionality
- Prevention and treatment of stress urinary incontinence

**R1200**





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# Oxygen facial

## INTRACEUTICALS

### REJUVENATE OXYGEN FACIAL

## INDICATION

Rejuvenate diminishes the appearance of fine lines and wrinkles while enhancing overall hydration.

## PRICE

**R1800**

### CLARITY OXYGEN FACIAL

Clarity calms acne while restoring moisture balance and defending against future breakouts.

**R1800**

### OPULENCE

Opulence helps uneven skin tone look brighter and more luminous.

**R1800**



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## IV Nutrient Therapy

<b>GLUTATHIONE /GLOWING SKIN DRIP</b>	Give your skin the boost it needs with collagen-building vitamin C, zinc, vitamin B5 and glutathione for added detoxification.	<b>R1650</b>
<b>ENERGY BOOSTER</b>	Our most popular IV treatment which contains a mixture of magnesium, calcium, and vitamins B and C	<b>R1850</b>
<b>IMMUNE BOOSTER</b>	Give your immune system a boost with a healthy dose of vitamin C, zinc, and selenium.	<b>R1450</b>
<b>IMMUNE AND ANTIVIRAL BOOSTER</b>	Boost your immunity and prevent viruses from spreading throughout your body.	<b>R1450</b>
<b>IV VITAMIN C IMMUNE BOOSTER</b>	Boost immune function, fight illness and disease, reduce inflammation, speed recovery, and improve quality of life.	<b>R750</b>
<b>SUPER IMMUNE BOOST + GLOW</b>	Boost your immune system and also get a Glowing skin with this Drip with added vitamins and other elements.	<b>R1850</b>
<b>ROLLS ROYCE</b>	An intravenous vitamin infusion which may enhance immunity, assist with skin brightening, reduce fatigue, give a much needed energy boost.	<b>R2350</b>
<b>SPORTS INFUSION</b>	An intravenous vitamin infusion which may enhance immunity, reduce fatigue, help with seasonal allergies or reduce symptoms of fibromyalgia and asthma and give a much need energy boost.	<b>R1750</b>
<b>TRACE ELEMENTS</b>	May replenish endogenous stores of trace elements and subsequent deficiency symptoms.	<b>R1750</b>



# Microneedling

## INDICATION

## PRICE

### GOLD STANDARD MICRONEEDLING RETINOL Q10

Reduces Acne Scars (& General Scarring), Improves Fine Lines & Small Thin Wrinkles, Stretch marks, Under Eye Bags, Skin Laxity, Reduces appearance of large pores, Hair Loss (by stimulating the scalp), Uneven Skin Tone, Firms and smooths skin texture.

**FROM R1950**

### MICRONEEDLING

Microneedling without Retanol Q10.

**R1850**

# Vampire Facial

### PLATELET RICH PLASMA

This treatment is very successful in treating : The signs of ageing, Acne Scars, Reduce Fine Lines and Wrinkles, Improves Skin Texture and Tone, Rejuvenates the skin

**R3250**

# Dermaplaning

### DERMAPLANING PEEL

Improves skin texture and radiance, Supports healthy collagen levels for firmer skin, Accelerates skin's natural exfoliation process, Stimulates collagen synthesis and remodels existing collagen and elastin, Allows for better penetration of other skin essentials.

**FROM R1050**

### DERMAPLANING WITHOUT A PEEL

Softens and smooths the skin.

**R800**

# Microdermabrasion

### MICRODERMABRASION

Sun damage, wrinkles, fine lines, age spots, acne scarring, melasma.

**R800**

### MICRODERMABRASION + RF

RF will help to stimulate the production of collagen to help improve signs of wrinkles and sagging skin.

**R1000**

### MICRODERMABRASION + OXYGEN

Together with the benefits of Microdermabrasion, Oxygen under light pressure aids the delivery of age-defying ingredients to the skin. Improves skin hydration and volume, Instantly reduced appearance of fine lines and wrinkles, skin looks younger, luminously radiant and lit from within.

**R2550**

### MICRODERMABRASION + LED

LED Therapy is a noninvasive skin treatment for acne, sun damage, wounds and other skin concern.

**R1250**



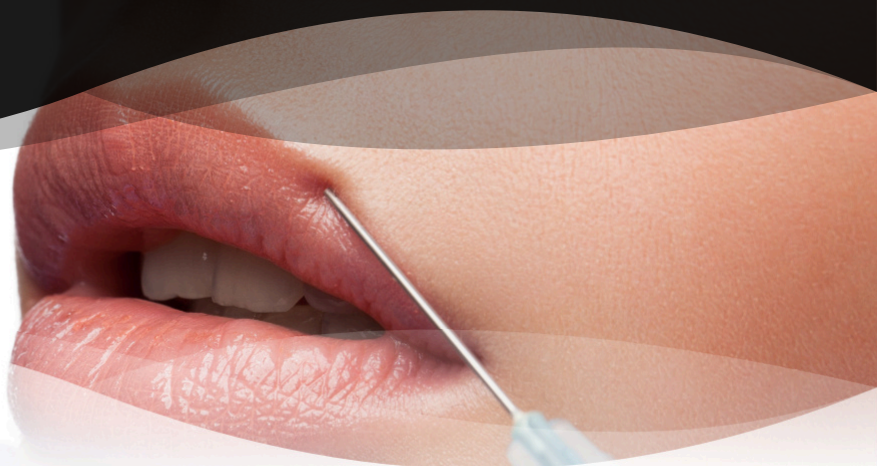


# Hair Restoration

	<b>INDICATION</b>	<b>PRICE</b>
<b>HAIR FILLER</b>	<p>Proactive Hair Filler is a Specialised peptide complex used for hair growth. This unique peptide complex promotes blood circulation in the scalp which in turn revitalizes hair follicles. It induces hair growth by increasing the size of the hair follicles and prevents hair loss.</p> <p>Treatment Targets: Scalp and eyebrows Male and female alopecia Male and female hair thinning Hair transplant recipients for increased survival of hair.</p>	<b>R1800</b>
<b>ADVANCED HAIR LOSS COCKTAIL</b>	<p>Vitamin and minerals to nourish the hair.</p>	<b>R750</b>
<b>PLATELET RICH PLASMA (PRP)</b>	<p>Platelet Rich Plasma is injected into the scalp and used in combination with Microneedling to stimulate hair growth. A sample of your own blood is drawn and spun down in a centrifuge to obtain PRP. Platelets are extremely rich in growth factors which stimulate existing hair follicles and surrounding skin.</p> <p>Treatment Targets Hair loss and thinning, male and female.</p>	<b>R3250</b>
<b>MESOTHERAPY</b>	<p>A procedure in which multiple small injections deliver pharmaceutical-grade ingredients to the scalp to assist with the progression of hair loss.</p>	<b>FROM R500</b>
<b>TRICHOTEST</b>	<p>TrichoTest™ is a genetic test based on the ultimate DNA microarray technology. It personalizes and improves the treatment of hair loss by analyzing 48 genetic variants in 13 genes associated with alopecia (hair loss).</p> <p>Once the test is done we are able to more accurately identify what ingredients and treatments will be beneficial in managing hair loss cases.</p>	<b>R2950</b>
<b>HAIR LOSS PRODUCTS</b>	<p>Trichowash/Conditioner/Cream/Spray solution/Oil/Foam and Capsules.</p>	<b>R999</b>
<b>MICRONEEDLING</b>	<p>Microneedling is used in conjunction with Platelet Rich Plasma Hair rejuvenation. Microneedling is a form of collagen induction therapy which assists with hair follicle stimulation.</p>	<b>FROM R1850</b>

# Mesotherapy

<b>MESOTHERAPY</b>	<p>Effective for treating dark spots, stretch marks, skin hydration, skin tightening, hair loss and is also used for anti-ageing therapies, including pigmentation, hydration, scarring and general rejuvenation.</p>	<b>FROM R500</b>
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# Injectables

	<b>INDICATION</b>	<b>PRICE</b>
<b>WRINKLE RELAXING INJECTION</b>	It works by relaxing the facial muscles that cause your skin to wrinkle and furrow causing lines.	<b>R90 PER UNIT</b>
<b>PDO THREADING</b>	The PDO threading procedure involves using various lengths of thin acupuncture sterile needles to embed PDO dissolving threads deep underneath the surface of the skin.	<b>R1650 PER THREAD</b>
<b>FACE THREAD (MONO/SCREW)</b>	In a Screw lift, screws are inserted underneath the skin to instantly and effectively lift sagging skin. The screws are mainly used on the face and the neck, but can also be used to lift skin on the body.	<b>R165 PER SCREW</b>
<b>DERMAL FILLERS</b>	Cheek augmentation, Jawline augmentation, Chin augmentation, Peri-oral lines, Lips, Tear trough.	<b>FROM R1600</b>
<b>MESOTHERAPY</b>	Dark spots, Stretchmarks, Skin hydration, Skin tightening, Hair loss and is also used for anti-ageing therapies, including pigmentation, scarring and general rejuvenation.	<b>FROM R500</b>
<b>UNDERARM HYPERHIDROSIS INJECTIONS</b>	Botulinum Toxin works by blocking the actions of the nerves that supply the eccrine sweat glands, resulting in reduced sweating.	<b>R3500 PER ARM OR HAND</b>
<b>LIQUID FACELIFT (BIONUTRILIFT)</b>	Can address concerns like lines, wrinkles, volume loss and sagging.	<b>R3999</b>
<b>NON-SURGICAL RHINOPLASTY</b>	With the use of Botulinum toxin, Fillers and Threads we can straighten the nose and much more.	<b>+/- R5371.21</b>
<b>BUTT LIFT</b>	Let us give your butt a lift with our screws and threads. This procedure will lift and improve the structure of the skin on the buttocks. The amount of screws and threads required will be determined during consultation.	<b>R165 PER SCREW R1650 PER THREAD</b>



# Stretch Marks

<b>STRETCHMARKS</b>	Treating stretchmarks with microneedling.	<b>R1850</b>
<b>STRETCHMARKS +MESO</b>	Treating stretchmarks with Mesotherapy	<b>R1550</b>
<b>X-WAVE</b>	Reduces cellulite, scars and stretchmarks.	<b>R700 PER AREA</b>

# Introfill

<b>SKIN BOOSTERS</b>	<b>INDICATION</b>	<b>PRICE</b>
<b>SAYPHA RICH</b>	Organic Skin booster with pure HA advanced regeneration and hydration.	<b>R1850</b>
<b>DMAE / DNA3</b>	Vitamin cocktail anti-oxidant, anti-aging, Anti-wrinkle	<b>R1850</b>

# P Shot

THE Priapus Shot, (also known as the P shot) is designed to deliver lasting improvements in sexual performance to men, especially those who have lost function from various causes

<b>P SHOT</b>	The Priapus Shot procedure begins with a quick and easy blood draw. Then, using a proprietary technique, the growth factors are extracted from your blood and concentrated into the Platelet Rich Plasma (PRP). PRP is then placed into areas of the penis that are most important for the sexual response.	<b>R4250</b>
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# Aesthetics Male Enhancement

<b>AESTHETIC MALE ENHANCEMENT</b>	This procedure is recommended to improve or restore sexual or urinary penile function in those with congenital or acquired micropenis. Benefit: Penis width, self esteem and self-confidence, sense of sexual potency and overall masculinity.	<b>R15050</b>
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# V-Shot

## V SHOT

### INDICATION

The V Shot for women is a simple, non-surgical procedure that uses the growth factors each woman has in her own body to stimulate vaginal and clitoral rejuvenation to activate the Orgasm System. The V Shot procedure begins with a simple blood draw. Then, using a proprietary technique, platelets are separated and concentrated. The Platelet Rich Plasma containing growth factors extracted from your blood is then injected into an area near the clitoris and into the area of the upper vagina that is most important for the sexual response (the "o-spot").

### PRICE

**R4250**

# Vaginal Rejuvenation

## VAGINAL REJUVENATION

The widely sought-after vaginal tightening treatment that uses gentle radiofrequency energy to stimulate the production of collagen, tightening and rejuvenating the vaginal tissues.

**R4050 PER SESSION  
3 SESSIONS  
RECOMMENDED**

# Medical Weight Loss Program

Products available upon consultation with Dr. Sandi





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# Slimming

## INDICATION

## PRICE

### EXILIS ELITE

Is a non-invasive body contouring treatment that is ideal if you want to tighten and tone your skin by addressing excess skin and fat on your face, neck, and body.

**R700 PER AREA**

### X-WAVE

Reduces cellulite, scars and stretchmarks.

**R1000 PER AREA**

### LYMPHASTIM BODY SUIT

Detox, Heavy legs, Circulation, Swelling, Varicose veins, Post traumatic care, Skin & Body Regeneration, Carpel tunnel syndrome, Diabetes, Gout, Obesity, Oedema (swelling)

**R500 (30 MIN)**

**Contact us NOW to make your booking**

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(011) 615 3725  
(071) 324 1407

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